

SAVE THE DATE for the ECOB Women's Spiritual Retreat

WHEN? Friday, October 30th (4pm arrival) through 4pm, Saturday, October 31st

WHERE? At Camp Swatara's North Lodge, which is accessible for women at all mobility levels

Our theme for the retreat will be *Living in the Moment*.

Pastor Pam Reist will serve as our spiritual director and leader for the weekend.

You may choose to stay overnight or come just for the day on Saturday.

For overnight campers, the cost would be a suggested donation of \$60, which includes Friday evening dinner, Saturday breakfast and Saturday lunch. For day campers (Saturday only), the suggested donation would be \$5 plus the cost of Saturday breakfast and lunch (cost TBD).

We hope you can join us.

More details will be coming soon!

